

# RUN REGISTRATION FORM

Name of Participant \_\_\_\_\_

Gender \_\_\_\_\_ Date of Birth \_\_\_\_\_

Contact Address: \_\_\_\_\_

Email Address \_\_\_\_\_

Phone Contact: \_\_\_\_\_

**6KM RUN**

U 16

16-40 age

40-49 age

50+age

**M2M 15KM COASTAL SEAFARMS CLASSIC**

16-40 age

40-49age

50+age

**TEAM NAME:** \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

## Costs

Individual Adults \$15, Kids (Under16) \$5,

Team Entry \$5 per team (plus individual entry cost)

**Amount Enclosed:** \_\_\_\_\_

## How to register

- post this form and payment to the Narrawong Post Office 3285
- drop form at the Narrawong Store
- drop form at the RACV shop Portland
- Complete form on the day at registration point

## Team Information for Run

Team events for both 6km and 15km runs. Male and female team events. No mixed teams. Four runners per team. All run the same event and fastest 3 individual times are totalled. Team with fastest team total is the WINNER

## Contacts:

**Carnival and Walk:** Ivan Boyer 0413 587 696

**Run:** Tony Curran 0417 132 052



Producers of fine  
local abalone

**Mouth 2 Mouth**  
SUNDAY JAN 8 2012 SURRY TO FITZROY  
**WALK - RUN & CARNIVAL**  
[www.portlandslsc.org](http://www.portlandslsc.org)  
SPORTSWORKS 0415 300 400

# MOUTH 2 MOUTH

## BEACH WALK/RUN & CARNIVAL

**WHEN:** Sunday 8 January 2012

**WHERE:** Narrawong Foreshore (mouth of the Surry River) - 15kms east of Portland on the Princes Highway - beside the Narrawong Holiday Park.

**WHAT:**

📌 **15km beach walk** from mouth of the Surry River to the mouth of the Fitzroy River. Registration at Narrawong Foreshore at **9am**, for a **9.30am** start. Bus transport back to the carnival provided.

📌 **6km beach walk** - registration at **9.00am** at Narrawong Foreshore, for a **9.30am** start – bus transport back to the carnival.

📌 **"The Coastal Sea Farms Beach Classic"**

**15km run**— registration at **8.00am** at the Narrawong Foreshore, **9.15am** bus transport to mouth of the Fitzroy River for commencement of run at **10am**.

This is a competition run with great prizes!

**6km run** (3ks up beach, 3ks back) - registration at Narrawong Foreshore at **10.15am** prior to commencement of run at **11am**.

**PLUS:** **A GREAT CARNIVAL**—live music—food—fun—stalls—games for the kids, car-boot sales—starting at 11

**WHY:** To get fit and raise funds for the Narrawong Outpost Patrol of the Portland Surf Life Saving Club.



### WALK REGISTRATION FORM

**Name of Participants**

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**Contact Address:**

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**Phone Contact:** \_\_\_\_\_

15km walk

6km walk

**Costs**

Adults \$10, Kids (Under 16) \$5

**Amount Enclosed:** \_\_\_\_\_

Payment is to accompany this registration form