

### What's On

- Last official day of the 08/09 patrol season - Mon 13th April
- Cliff Rescue - Sun 26th April
- Annual Presentation Night - Sat 3rd May

Do you have items for the newsletter???

Email to Rachael (ianmaree@westvic.com.au) or call 55235759 before the end of each month.

Surfboards for sale

2 Wahine second hand surfboards

\$350 each with covers

Contact Rachael on 55235759 or 0439326305

# Portland SLSC Newsletter

## From The President

Hi all,

Our patrolling season is at an end with regular patrols finishing last weekend. We are required however to have a presence at Bridgewater until Easter so we will be calling on patrolling members, especially Bronze holders to make themselves available to help out. Please contact Andrew on 0415436832 if you are able to help and haven't been contacted.

This year we have decided to have our Annual Presentation Night and AGM separately, thus we will hold our Presentation night earlier than usual. The date has been set for Sat 3rd May. For more info see page 2, invites will be distributed in the next couple of weeks. We will then hold our AGM later sometime in June/July.

The off season is always a relief after a busy summer but there is still much to be done during that time. If you are interested in gaining more awards, some of these can be done during the winter, including ARC, first aid etc. For more info contact Michael on 55292532.

Also in the off season we need to do a lot of ground work to prepare for next season. We are always looking out for grants and potential sponsors etc. If you feel that you would like to assist in this area please contact myself (55235759) or Peter Lyons (P.J. 55233882).

While we are on the topic of helping out, if you have ever considered getting more involved please come forward and talk to someone. Quite often members say if they had been asked they would have helped. If you have ever been on the other side you probably know how hard it is to think of who to ask for what tasks. We don't always know what skills or interests are out there amongst the members, and with over 250 members (active, associate, life, nipper etc) it can take a huge effort to identify those who would like to help.

### CLUB CHAMPS

Were held on Sunday 8th March. A great turnout in the open and junior male sections, a bit light on in the female but a great time was had by all. Awards will be presented at the annual dinner and a full report of placing will be in the next newsletter.

Could all those people who have perpetual trophy's please return them to Andrew Marriot ASAP

### Training for Nipper Parents

Water safety training & certificate for nipper parents for the 2009/2010 season (Surf Rescue Certificate).

- Training starts in May (date to be advised)
- Completion of training will be end of June
- Not expected to Patrol but to assist as water safety for Nippers
- You will require a good level of fitness and must be able to complete a 200 meter swim in 5 minutes or less
- If you are interested contact Katrina on 55231001 or 0437463677

### Congratulations

Congratulations to our patrol on Sunday 29th March who gained a perfect score (no loss of points) in their inspection. The examiner commented on their overall skills and presentation. Well done to the patrol Captain Stuart Batten and his group, Katrina, Ben, John, Phil, Rachael, and new award holders Nick, Sam and Luke who coped well with the questions in their first inspection.

### Annual Dinner

- **Sat 2nd May**
- **At the clubhouse Bridgewater**
- **Start 6.30 pm**
- **\$ 25 per adult      \$ 20 under 16**
- **3 Courses      Nibbles, Main and Desert**
- **RSVP Tues 28th April - Maree 55235759, Katie 0437463677**
- **All welcome Limited numbers**



Don't forget to support those who support us!!!



### New locks system update

As I am sure you are all aware the new lock system for the Clubhouse is now up and running. Currently the new fobs and the old keys can both be used, however after the end of the patrolling season (Easter) you will no longer be able to gain access to the clubhouse with the old keys. If you are eligible for a fob, that is active patrolling member over the age of 18, committee members and life members but have not yet collected one, they will be available to from Maree (55235759 or 52 Robin Ave) for the next few weeks, after that you can contact Roger on 55235446 or 286 Edgar St.

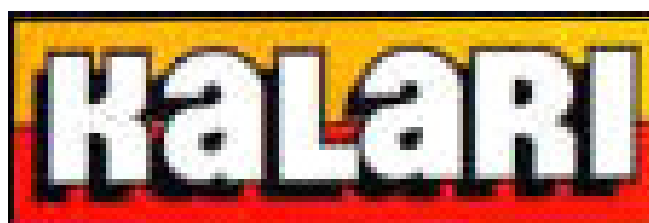
### House Keeping

As always this is just a reminder that if you use the Clubhouse then it is your responsibility to clean up after yourself. It is not fair on the other members to have to clean up after other people.

### Care of Gear

Just a reminder to everyone, when using all the gear especially the rescue boards we ask that you be extremely careful, particularly when taking them down from the racks and when putting them back, as knocking them on the wall or rack can do some damage. If you don't think that you are able to get the board by yourself then you should ask another club member to help you or use a smaller board.

If you do happen to damage any of the boards or other equipment then you should contact Greg Ward on 55217602. Or if you damage any of the gear associated with the IRBs then contact Jamie Terrence on 55231001.





**PORTLAND  
SIGNWORKS**



## Competition Corner

### Vic Titles Results

The seven members who competed at the Victorian Surf Life Saving Championships were able return with a degree of success, with Penny Mather gaining a silver medal in the Under 19 2km race.

The championships which were held at Ocean Grove and attracted in excess of 1000 competitors and were contested in sloppy one to two meter swells throughout the two day carnival.

The gaining of a silver medal by Penny Mather in the 2 km race was a fitting tribute to her level of fitness as she has greatly improved her overall fitness throughout the summer months since gaining selection in the Junior Victorian Hockey team.

Of the other six competitors Alexandra Murrell contested the Surf Race and the Tube race and was able to qualify for the final in both events and considering the very sloppy conditions she was able to gain a respectable fourth place in the Rescue Tube Race, and ninth place in the surf race.

Nicole Rundell was able to utilize her natural speed and agility to finish an easy fourth in her heats of the under 19 women's beach sprint, but was eliminated in a very fast semi final.

Of the under 15 male competitors Andrew Trewavis and Marcus Merriful fared the best gaining a second place in their semi final of the board rescue event, but they then had to face large seas on Sunday, but still finished 6<sup>th</sup> overall in the final. Corey Ward and Daniel Edwards each contested the board race and board rescue and were able to use the championships as a learning phase and with continued application they will gain much from the experience.

Congratulations to all of those competitors on a good weekend.

## Cliff Rescue 09

Just a reminder that the 2009 emergency services (SES, Coast Guard, Police and Surf Life Saving) Cliff Rescue scenario will take place on Sunday the 26th April. Anyone who would like to take part in this day either as a patient, or one of the patrolling members please contact Michael Edwards (55292532) or Rohan Kilby (55218123). All are welcome to come and join in the fun, with a BBQ and maybe even a inter agency soccer match if someone was willing to organize and run that.